

Dr. Joyanne D. Miller Elementary School



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November 16, 2017

Dear ASPIRE and Kids Klub Families,

It is my pleasure to announce that the After School Program for Instruction, Recreation & Enrichment also known as A.S.P.I.R.E. has partnered with the Community Food Bank of New Jersey to offer a late afternoon “supper” meal to the students of ASPIRE and Kids Klub at the Dr. Joyanne D. Miller School every day that ASPIRE is in session. This wonderful opportunity is being afforded by a grant through the U.S. Department of Agriculture for the purpose of providing nutritious meals on a grander scale to our students because we know, when a student’s belly is full they learn better, they comprehend more, and they are happier.

The meals being provided will follow the same guidelines as the regular school day lunches according to the Dietary Guidelines for Americans (DGA’s) and will include an entrée’, fruit or juice, vegetable, and milk. They are meant to be appetizing and will provide the appropriate amount of energy and nutrients a child needs during critical growth stages. The November menu has been included for your review. Please note: the “supper” meals will be free to every ASPIRE and Kids Klub student at Miller regardless of their current lunch status. In addition, alternative/substitute meals will be provided for students with allergies documented in the nurse’s office. Substitute meals will not be offered to students based on preference.



E. H. T.

Every Hand Together

Although I would love to see every student eat and socialize together during their “supper” period, I realize some of you may want to opt out of this amazing opportunity. By signing below you are giving permission for your child to participate as we continue to enrich the lives of our students.

Respectfully,

Kristen Boyd, M.Ed.

ASPIRE Project Director

November 2017

Nov. 20, 2017	Nov. 21, 2017	Nov. 22, 2017	Nov. 23, 2017	Nov. 24, 2017
2pc. Chicken Tenders 1-WG Dinner Roll ½ c Cooked Carrots ½ c Peaches 1-8oz 1% Milk	¾ c Ground Beef & Spanish Rice Mixer 1-WG Dinner Roll ½ c Yellow Squash ½ c Honeydew 1-8oz 1% Milk	CLOSED	CLOSED	CLOSED
Nov. 27, 2017	Nov. 28, 2017	Nov. 29, 2017	Nov. 30, 2017	
3 oz Beef Meatballs w/ Brown Gravy 1 Slice WW Bread ½ c Mashed Potato ½ c Cantaloupe 1-8oz Nonfat Choc. Milk	1-3oz Grilled Chicken Breast BBQ Patty 1-WW Hamburger Roll ½ c Sweet Corn ½ c Mand. Oranges 1-8oz Nonfat Choc. Milk	3- Beef Meatballs w/ Spaghetti Sauce ½ c WG Spaghetti ½ c Green Beans ½ c Apple Sauce 1-8oz Nonfat Choc. Milk	1-3oz Pollock Fish Wedge 1-WG Biscuit ½ c Sweet Potato Fries ½ c Pineapples 1-8oz 1% Milk	

Please keep this menu for your records. Feel free to pack your child a meal or snack if there is something on the menu they may not care for or want to try.



E. H. T.

Every Hand Together

After School Program for Instruction, Recreation & Enrichment

2017/2018

ASPIRE SUPPER PROGRAM

Child's Name _____ **Grade** _____

Parent's Signature _____

- Yes, my child may participate in the Supper Program during ASPIRE/Kids Klub.
- No, my child may not participate in the Supper Program during ASPIRE/Kids Klub. Instead, I will provide a packed meal for my child to enjoy during the supper period.



This project was funded in its entirety with federal Elementary and Secondary Education Act, as amended by No Child Left Behind, Title IV, Part B, 21st Century Community Learning Center (21st CCLC) grant funds through a grant agreement with the New Jersey Department of Education.



E. H. T.

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